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UNIVERSITY**  
LEICESTER

# **Dip HE Nursing BSc Nursing**

**INTRODUCTION TO NURSING PRACTICE**

**NRMW 1004**

## **EVIDENCE BASED DIARY**

**School of Nursing & Midwifery  
Faculty of Health and Life Sciences**

**Student Name:**

## Evidence of experience, exploration and achievement

<b>Student Nurse:</b>	
<b>Programme:</b>	
<b>Personal Tutor</b>	
<b>Module Date:</b>	<b>Start:</b> <b>Finish:</b>
<b>Module Leader:</b>	<b>Helen Rooney</b>
<b>Name of home branch placement</b>	
<b>Student Supervisor:</b>	
<b>Name of alternative placement A</b>	
<b>Student Supervisor:</b>	
<b>Name of alternative placement B</b>	
<b>Student Supervisor:</b>	
<b>Name of alternative placement C</b>	
<b>Student Supervisor:</b>	

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## Introduction

### Expectations of placement experiences

The placement experiences of this module are designed to enable you to develop an understanding and appreciation of a range of patients and clients in a variety of settings. This will enable you to gain an insight into how, when nursing in your future chosen branch, you could interact with patients and clients from a variety of backgrounds and with differing impairments or conditions. This will give you a rich experience to draw from, and it is anticipated that you will have the opportunity to acquire a number of key skills. Particularly, it is expected that you will increase your knowledge about clients in practice areas and the services available to them. Additionally, you are expected to examine your own attitudes, the attitudes of others, and the effect they can have on clients, and an awareness of why a basic understanding of **all** client groups is relevant to you chosen branch of nursing. The Evidence Based Diary is a tool to record your experiences and observations during semesters 1 and 2, and can be used towards the summative assessment in semester 3.

Assessment of practice during this module utilises the Nursing Midwifery Council (NMC) **Outcomes for Entry to Branch Programme**, from the NMC Standards of Proficiency for pre-registration nursing education (NMC, 2004 a) with the four domains of:

- Professional and ethical practice
- Care delivery
- Care management
- Personal and professional development

In each of these domains, there are a number of outcomes against which you will be assessed. These outcomes are listed on pages 4 to 6. During semesters 1 and 2 these are formatively assessed, and then summatively assessed in semester 3.

### Instructions for completion

During your placement experiences you will have the opportunity to work with a range of clients in a variety of settings. Using the NMC **outcomes for entry to branch programme** as a guide you will need to reflect upon your experience and whether you have had the opportunity to either practice, observe and / or discuss these outcomes. This reflection will be documented within your evidence diary and used towards your summative assessment in semester 3.

Ideally this Evidence Based Diary should be completed on each day of your placement and is a chance for you to document your activities and reflect on your practice experiences in relation to the stated topics. You may also find it beneficial to spend some time considering how your experiences are relevant to your future chosen branch. A model of reflection is included on page 11.

## **Nursing Midwifery Council Standards of Proficiency**

The NMC *Standards of proficiency for pre-registration nursing education*, contain the **Outcomes to be achieved for entry to the branch programme** (NMC, 2004 a), which are the template with which your placement will be assessed throughout the Common Foundation Programme. These are the Outcomes that the NMC require students to achieve before entry to the branch programme. The four domains identified on the previous page contain the following twenty Outcomes:

### **Professional and ethical practice**

#### **1 Discuss in an informed manner the implications of professional regulation for nursing practice**

- 1.1 Demonstrate a basic knowledge of professional regulation and self-regulation
- 1.2 Recognise and acknowledge the limitations on ones' own abilities
- 1.3 Recognise situations that require referral to a registered practitioner

#### **2 Demonstrate an awareness of the NMC (2002 b) code of professional conduct: standards for conduct, performance and ethics**

- 2.1 Commit to the principle that the primary purpose of the registered nurse is to protect and serve society
- 2.2 Accept responsibility for one's own actions and decisions

#### **3 Demonstrate an awareness of, and apply ethical principles to, nursing practice**

- 3.1 Demonstrate respect for patient and client confidentiality
- 3.2 Identify ethical issues in day to day practice

#### **4 Demonstrate an awareness of legislation relevant to nursing practice**

- 4.1 Identify key issues in relevant legislation relating to mental health, children, data protection, manual handling, and health and safety, etc

#### **5 Demonstrate the importance of promoting equity in patient and client care by contributing to nursing care in a fair and anti-discriminatory way**

- 5.1 Demonstrate fairness and sensitivity when responding to patients, clients and groups from diverse circumstances
- 5.2 Recognise the needs of patients and clients whose lives are affected by disability, however manifest

### **Care Delivery**

#### **6 Discuss methods of, barriers to, and the boundaries of, effective communication and interpersonal relationships**

- 6.1 Recognise the effect of one's own values on interaction with patients and clients and their carers, families and friends
- 6.2 Utilise appropriate communication skills with patients and clients
- 6.3 Acknowledge the boundaries of a professional caring relationship

**7 Demonstrate sensitivity when interacting with and providing information to patients and clients**

**8 Contribute to enhancing the health and social well-being of patients and clients by understanding how, under the supervision of a registered practitioner:**

- 8.1 Contribute to the assessment of health needs
- 8.2 Identify opportunities for health promotion
- 8.3 Identify networks of health and social care services

**9 Contribute to the development and documentation of nursing assessment by participating in comprehensive and systematic nursing assessment of the physical, psychological, social and spiritual needs of patients and clients**

- 9.1 Be aware of assessment strategies to guide the collection of data for assessing patients and clients and use assessment tools under guidance
- 9.2 Discuss the prioritisation of care needs
- 9.3 Be aware of the need to reassess patients and clients as to their needs for nursing care

**10 Contribute to the planning of nursing care, involving patients and clients and, where possible, their carers; demonstrating an understanding of helping patients and clients to make informed decisions**

- 10.1 Identify care needs based on the assessment of a patient or client
- 10.2 Participate in the negotiation and agreement of the care plan with the patient or client and with their carer, family or friends, as appropriate, under the supervision of a registered nurse
- 10.3 Inform patients and clients about intended nursing actions, respecting their right to participate in decisions about their care

**11 Contribute to the implementation of a programme of nursing care, designed and supervised by registered practitioners**

- 11.1 Undertake activities that are consistent with the care plan and within the limits of one's own abilities

**12 Demonstrate evidence of a developing knowledge base which underpins safe and effective nursing practice**

- 12.1 Access and discuss research and other evidence in nursing and related disciplines
- 12.2 Identify examples of the use of evidence in planned nursing interventions

**13 Demonstrate a range of essential nursing skills, under the supervision of a registered nurse, to meet individuals' needs, which include:**

- 13.1 Maintaining dignity, privacy and confidentiality, effective communication and observational skills, including listening and taking physiological measurements; safety and health, including moving, and handling and infection control; essential first aid and emergency procedures; administration of medicines; emotional, physical and personal care, including meeting the need for comfort, nutrition and personal hygiene

#### **14 Contribute to the evaluation of the appropriateness of nursing care delivered**

- 14.1 Demonstrate an awareness of the need to assess regularly a patient's or client's response to nursing interventions
- 14.2 Provide for a supervising registered practitioner, evaluative commentary and information on nursing care based on personal observations and actions
- 14.3 Contribute to the documentation of the outcomes of nursing interventions

#### **15 Recognise situations in which agreed plans of nursing care no longer appear appropriate and refer these to an appropriate accountable practitioner**

- 15.1 Demonstrate the ability to discuss and accept care decisions
- 15.2 Accurately record observations made and communicate these to the relevant members of the health and social care team

### **Care Management**

#### **16 Contribute to the identification of actual and potential risks to patients, clients and their carers, to oneself and to others, and participate in measures to promote and ensure health and safety**

- 16.1 Understand and implement health and safety principles and policies
- 16.2 Recognise and report situations that are potentially unsafe for patients, clients, oneself and others

#### **17 Demonstrate an understanding of the role of others by participating in inter-professional working practice**

- 17.1 Identify the roles of the members of the health and social care team
- 17.2 Work within the health and social care team to maintain and enhance integrated care

#### **18 Demonstrate literacy, numeracy and computer skills needed to record, enter, store, retrieve and organise data essential for care delivery**

### **Personal and Professional Development**

#### **19 Demonstrate responsibility for one's own learning through the development of a portfolio of practice and recognise when further learning is required.**

- 19.1 Identify specific learning needs and objectives
- 19.2 Begin to engage with, and interpret, the evidence base which underpins nursing practice

#### **20 Acknowledge the importance of seeking supervision to develop safe nursing practice.**

## References

Nursing Midwifery Council (2004 a). *Standards of proficiency for pre-registration nursing education*. London, NMC

Nursing midwifery Council (2008). *The Code: Standards of conduct, performance and ethics for nurses and midwives*. London, NMC



## Evaluation of Professional Practice

There is an expectation that students undertaking courses of study in nursing demonstrate standards of behaviour compatible with the principles of 'The Code: Standards of conduct, performance and ethics for nurses and midwives (NMC 2008).' This is an essential criterion for achieving 'fitness for practice' and therefore becoming eligible to be recommended for entry to the NMC's professional register.

To manage this process of evaluation, a standard approach, which utilises a standard set of criteria, has been introduced to all pre-registration nursing and midwifery courses. This facilitates equity for all students and provides a 'transparent process' to monitor, assess and summatively evaluate professional development and professional conduct.

### Key points relating to the assessment of professional conduct

- 1 Professional behaviour is an integral part of all practice assessments and is a considered component of a student's performance. This should be reflected appropriately, in comments related to the achievement of specific learning outcomes or competencies, both verbally and within the student's Continuous Assessment of Practice document.
- 2 Throughout a practice placement, practice Mentors (formerly referred to as 'assessors') monitor students' professional development and conduct, providing feedback to the student at appropriate intervals. Where a student demonstrates inappropriate professional behaviour, the practice Mentor should discuss this with the student and together, they should devise an action plan to support professional development. This should also be discussed with the lecturer visiting the student, or module leader as appropriate.
- 3 Assessments of the stated learning outcomes throughout the placement, aggregate to form a focused, summative evaluation of professional conduct, which should be recorded on the dedicated *Professional Conduct Evaluation* page of the Continuous Assessment of Practice document. This should be completed by the student's Practice Mentor. **It is emphasised that the behaviours listed on the Professional Conduct Evaluation page, are examples only and not exhaustive. Practice Mentors and Professional Heads in practice, will exercise professional judgment regarding a student's performance.**
- 4 The outcome of the summative, professional conduct evaluation will be reported to the Subject Authority Assessment Board, as a component of the practice assessment for the module undertaken, and subsequently, will be entered on each student's assessment record.

- 5 Where a student fails to meet a satisfactory standard of professional conduct the Subject Authority Assessment Board will decide the appropriate action, for example, that the student:
- **Fails the module** – due to lack of progress in professional development (e.g. is unco-operative; unreliable in time keeping)
  - **Is dismissed from the course** - in cases of serious professional misconduct (e.g. abuse of clients / patients; theft; fraud)
- 6 Professional conduct evaluations throughout the course will contribute to an objective recommendation to the NMC for students to be admitted to the professional register, as well as, references to prospective employers.

**Copies of the following are included overleaf for information and guidance:**

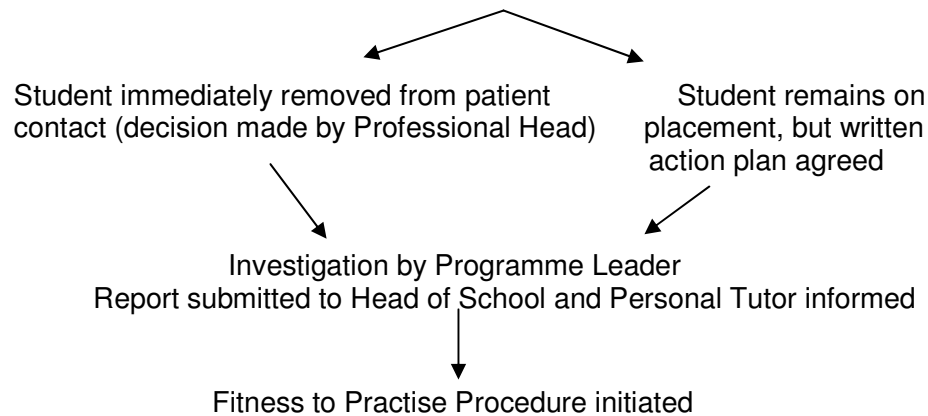
- Flow Chart Professional Practice: ***dealing with unsatisfactory professional behaviour in students undertaking pre-registration nursing and midwifery courses*** – which outlines the process to be followed in managing the assessment of professional conduct.
- Guidance for Professional Practice. ***For monitoring and assessment of Professional Conduct of pre-registration nursing and midwifery students – which provides a quick reference guide.***
- Professional Conduct Evaluation - ***which is included in each Continuous Assessment of Practice document.***

Flow Chart: Process for dealing with unsatisfactory professional behaviour in students undertaking pre-registration nursing and midwifery courses

***Professional behaviour is unsatisfactory in practice***

**Serious misconduct**

Practice Mentor reports to Professional Head in practice, Visiting Tutor & Programme Leader



University disciplinary committee

Student **Discontinued** for not meeting NMC requirements for fitness to practise

Remedial action taken by programme team

**Lack of progress in professional development**

Student interviewed by Practice Mentor & Visiting Tutor or Personal Tutor  
Action Plan agreed  
Module Leader and Personal Tutor or Programme leader and LME (midwifery) as relevant to be informed

**Action Plan implemented & reviewed**

No improvement by end of placement student deemed  
**UNSATISFACTORY PROFESSIONAL CONDUCT**

Potential Fitness to Practise Procedure

**Nursing and Midwifery Assessment Board**

Student deemed **FAIL at 1<sup>st</sup> attempt** in practice

Student proceeds to 2<sup>nd</sup> attempt under supervision and monitoring

No improvement during subsequent practice placement

**UNSATISFACTORY PROFESSIONAL CONDUCT**

**Nursing and Midwifery Assessment Board**

Student deemed: **FAIL at 2<sup>nd</sup> attempt in practice and Discontinued**

## **GUIDANCE FOR PROFESSIONAL PRACTICE**

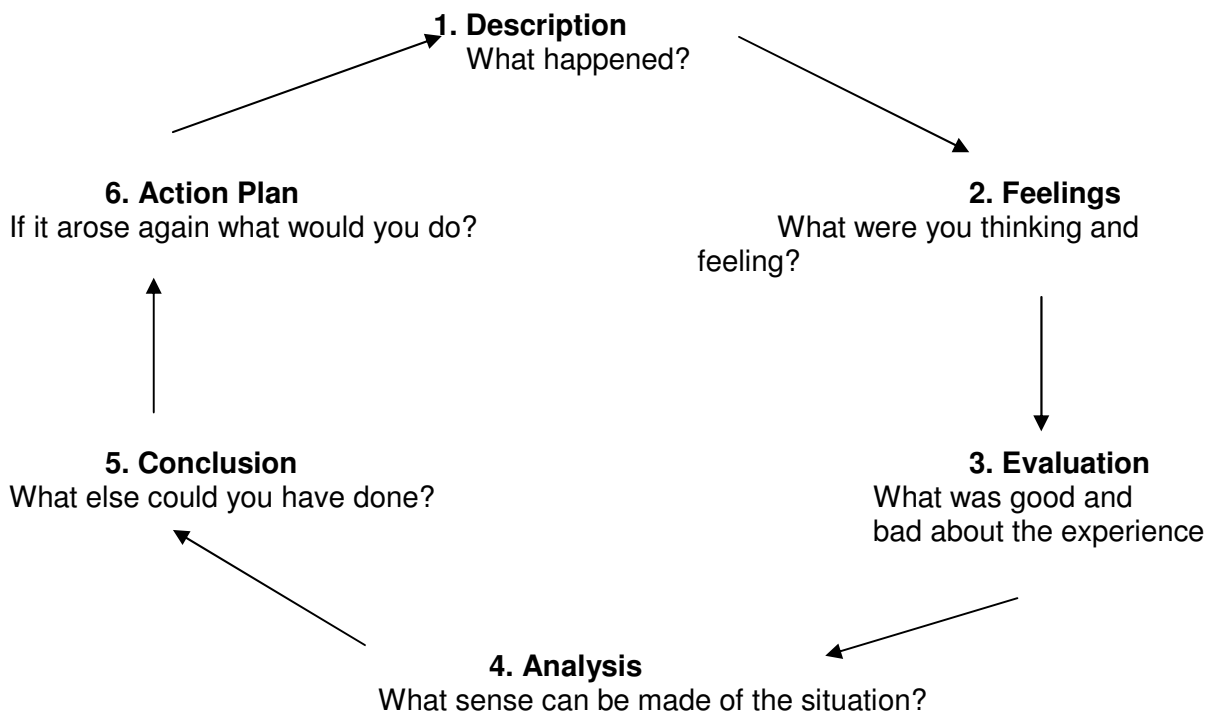
<b>Student performance - as set out in Practice Assessment document</b>	<i>Behaviours reflecting Satisfactory professional conduct</i>	<i>Behaviours reflecting Unsatisfactory professional conduct</i>	<b>Guidelines for unsatisfactory evaluations</b>
<p>Work in accordance with The Code: Standards of Conduct, Performance and ethics for Nurses and Midwives (NMC 2008)</p> <p>a) Treat people as individuals</p> <p>b) Respect people's confidentiality</p> <p>c) Uphold the reputation of your profession</p> <p>d) Work effectively as part of a team</p>	<p>Student demonstrates awareness of The Code: Standards of Conduct, Performance and Ethics for Nurses and Midwives (NMC 2008) <b>for example</b>, in practice the student:</p> <p>Is considerate, sensitive and responsive to patients'/clients' needs Treats all patients/clients with dignity at all times</p> <p>Maintains patient/client confidentiality Respects patients/clients, their property and the environment Behaves in a responsible, positive and co-operative manner</p> <p>Time keeping and timely completion of shift activities are good. Dresses appropriately for the place of work Safeguards clients' well-being</p> <p>Acknowledges own limitations and accepts constructive criticism</p> <p>Is respectful, co-operative and makes positive contributions within the team Is reliable, communicates and works collaboratively in the team</p> <p>Takes appropriate due regard to health &amp; safety measures Adheres to all relevant policies and procedures</p>	<p>Student lacks awareness of The Code: Standards of Conduct, Performance and Ethics for Nurses and Midwives (NMC 2008) <b>for example</b>, in practice the student:</p> <p>Is inconsiderate, insensitive and unresponsive to clients' needs Does not treat patients/clients with dignity at all times</p> <p>Breaches patient/client confidentiality Is disrespectful to patients/clients, their property and the environment Is irresponsible, uncooperative and displays negative attitudes</p> <p>Time keeping and adherence to shift activities are poor Dresses inappropriately for the place of work Places patients'/clients' well-being at risk Lacks insight into own limitations and does not accept constructive criticism</p> <p>Is disrespectful, uncooperative and reluctant to contribute to the team effort Is unreliable, fails to communicate appropriately and does not work well in the team Lacks insight into appropriate health &amp; safety measures Disregards relevant policies and procedures</p>	<ol style="list-style-type: none"> <li>1. All assessments will be decided by DMU Assessment Board</li> <li>2. Failure due to gross professional misconduct (which for example places clients at risk) will result in immediate dismissal</li> <li>3. A second failure of Professional Conduct will result in dismissal from their studies and practice.</li> </ol>

## A model of reflection

In recent years, the concept of reflection has been used in nursing as a tool to assist in personal, professional and academic development. By its very nature, reflection implies a contemplative inspection of yourself, or of your actions. Within nursing, reflection has become integral to learning, resulting in changing behaviours, new perspectives or enhanced practices.

To develop your skills as a reflective practitioner, a model such as the one suggested below will provide you with or act as a guide for your reflections. However other frameworks can also be utilised.

**The reflective process can be undertaken by applying the following model**



**Gibbs (1988) Reflective Practice Cycle**

## Evidence Based Diary

### Professional and ethical practice

**Discuss in an informed manner the implications of professional regulation for nursing practice**

1.1 Demonstrate a basic knowledge of professional regulation and self-regulation

1.2 Recognise and acknowledge the limitations on one's own abilities

1.3 Recognise situations that require referral to a registered practitioner

#### **Reflection**

Within your current placement reflect upon why it is important to recognise and acknowledge your own limitations and where it may be necessary to refer a problem to a qualified / senior practitioner

Continued...

## **2 Demonstrate an awareness of the NMC code of professional conduct: standards for conduct, performance and ethics**

2.1 Commit to the principle that the primary purpose of the registered nurse is to protect and serve society

2.2 Accept responsibility for one's own actions and decisions

### **Reflection**

During your current placements reflect on the importance of the NMC Codes, and the need to accept responsibility for one's own actions. Identify any examples that illustrate this.



Continued...

### **3 Demonstrate an awareness of, and apply ethical principles to, nursing practice**

3.1 Demonstrate respect for patient and client confidentiality

3.2 Identify ethical issues in day to day practice

#### **Reflection**

Within your current placement reflect upon why it is important to: Practise in accordance with an ethical and legal framework, which ensures the primacy of patient and client interest and well-being and respects confidentiality. Identify any experience you have had in meeting this standard

Continued...

#### **4 Demonstrate an awareness of legislation relevant to nursing practice**

4.1 Identify key issues in relevant legislation relating to mental health, children, data protection, manual handling, and health and safety, etc

##### **Reflection**

Identify examples where you have seen the importance of some of the above legislation in action

Continued...

## **5 Demonstrate the importance of promoting equity in patient and client care by contributing to nursing care in a fair and anti-discriminatory way**

5.1 Demonstrate fairness and sensitivity when responding to patients, clients and groups from diverse circumstances

5.2 Recognise the needs of patients and clients whose lives are affected by disability, however manifest

### **Reflection**

Within your current placement reflect upon why it is important to: Practise in a fair and anti-discriminatory way, acknowledging the differences in beliefs and cultural practices of individuals or groups. Identify any experience you have had in meeting this outcome.

Continued...

## Care Delivery

### **6 Discuss methods of, barriers to, and the boundaries of, effective communication and interpersonal relationships**

6.1 Recognise the effect of one's own values on interaction with patients and clients and their carers, families and friends

6.2 Utilise appropriate communication skills with patients and clients

6.3 Acknowledge the boundaries of a professional caring.

### **Reflection**

Within your current placement reflect upon why it is important to: Utilise appropriate communication skills and recognise the effect of one's own values on interactions with others Identify any experience you have had in meeting this outcome.



Continued...

## **7 Demonstrate sensitivity when interacting with and providing information to patients and clients**

### **Reflection**

Within your placements, have there been any opportunities to observe and / or give any information to patients / clients? How was this information given?

Continued...

**8 Contribute to enhancing the health and social well-being of patients and clients by understanding how, under the supervision of a registered practitioner:**

- 8.1 Contribute to the assessment of health needs
- 8.2 Identify opportunities for health promotion
- 8.3 Identify networks of health and social care services

**Reflection**

Within your current placement reflect upon why it is important to: Create and utilise opportunities to promote the health and wellbeing of patients, clients and groups Identify any experience you have had in meeting this outcome.

Continued...

**9 Contribute to the development and documentation of nursing assessment by participating in comprehensive and systematic nursing assessment of the physical, psychological, social and spiritual needs of patients and clients**

9.1 Be aware of assessment strategies to guide the collection of data for assessing patients and clients and use assessment tools under guidance

9.2 Discuss the prioritisation of care needs

9.3 Be aware of the need to reassess patients and clients as to their needs for nursing care

**Reflection**

Within your current placement reflect upon why it is important to: Contribute to enhancing the health and social wellbeing of patients and clients through the identification of appropriate assessment tools used within a client setting. Identify any experience you have had in meeting this outcome.

Continued...

**10 Contribute to the planning of nursing care, involving patients and clients and, where possible, their carers; demonstrating an understanding of helping patients and clients to make informed decisions**

10.1 Identify care needs based on the assessment of a patient or client

10.2 Participate in the negotiation and agreement of the care plan with the patient or client and with their carer, family or friends, as appropriate, under the supervision of a registered nurse

10.3 Inform patients and clients about intended nursing actions, respecting their right to participate in decisions about their care

**Reflection**

Within your current placement reflect upon why it is important to: Demonstrate an awareness of the need for comprehensive assessment and planned application of a variety of therapeutic interventions Identify any experience you have had in meeting this outcome.



Continued...

## **11 Contribute to the implementation of a programme of nursing care, designed and supervised by registered practitioners**

11.1 Undertake activities that are consistent with the care plan and within the limits of one's own abilities

### **Reflection**

Give examples of where you have been involved with implementing, under supervision, a plan of nursing care. What did you do?

Continued...

## **12 Demonstrate evidence of a developing knowledge base which underpins safe and effective nursing practice**

- 12.1 Access and discuss research and other evidence in nursing and related disciplines
- 12.2 Identify examples of the use of evidence in planned nursing interventions

### **Reflection**

Give examples of how you have accessed evidence, and identify how you have seen evidence used in nursing interventions.

Continued...

**13 Demonstrate a range of essential nursing skills, under the supervision of a registered nurse, to meet individuals' needs, which include:**

13.1 Maintaining dignity, privacy and confidentiality, effective communication and observational skills, including listening and taking physiological measurements; safety and health, including moving, and handling and infection control; essential first aid and emergency procedures; administration of medicines; emotional, physical and personal care, including meeting the need for comfort, nutrition and personal hygiene

**Reflection**

Identify some of the nursing skills that you have developed, and the situations in which (or with which client group) you have used them.

Continued...

## **14 Contribute to the evaluation of the appropriateness of nursing care delivered**

14.1 Demonstrate an awareness of the need to assess regularly a patient's or client's response to nursing interventions

14.2 Provide for a supervising registered practitioner, evaluative commentary and information on nursing care based on personal observations and actions

14.3 Contribute to the documentation of the outcomes of nursing interventions

### **Reflection**

Give examples of the when you have seen evaluations of nursing care being undertaken, and what contributions you have made to that process.



Continued...

**15 Recognise situations in which agreed plans of nursing care no longer appear appropriate and refer these to an appropriate accountable practitioner**

15.1 Demonstrate the ability to discuss and accept care decisions

15.2 Accurately record observations made and communicate these to the relevant members of the health and social care team

**Reflection**

Identify examples of when nursing care plans needed to be revised, and what actions you undertook (i.e. referral / discussions with other team members).

Continued...

## Care Management

**16 Contribute to the identification of actual and potential risks to patients, clients and their carers, to oneself and to others, and participate in measures to promote and ensure health and safety**

16.1 Understand and implement health and safety principles and policies

16.2 Recognise and report situations that are potentially unsafe for patients, clients, oneself and others

### **Reflection**

Within your current placement reflect upon why it is important to: Understand and implement health and safety principles and policies and recognise and report situations that are potentially unsafe. Identify any experience you have had in meeting this outcome.

Continued...

## **17 Demonstrate an understanding of the role of others by participating in inter-professional working practice**

17.1 Identify the roles of the members of the health and social care team

17.2 Work within the health and social care team to maintain and enhance integrated care

### **Reflection**

Within your current placement reflect upon why it is important to: Demonstrate knowledge of effective inter-professional working practices Identify any experience you have had in meeting this outcome

Continued...

**18 Demonstrate literacy, numeracy and computer skills needed to record, enter, store, retrieve and organise data essential for care delivery**

**Reflection**

During your practice experience, identify if you have made any calculations, or use of IT skills.



Continued...

## Personal and Professional Development

**19 Demonstrate responsibility for one's own learning through the development of a portfolio of practice and recognise when further learning is required.**

19.1 Identify specific learning needs and objectives

19.2 Begin to engage with, and interpret, the evidence base which underpins nursing practice

### **Reflection**

Within your current placement reflect upon why it is important to recognise and acknowledge your own limitations and the role of those supervising you in developing safe nursing practice. Identify any experience you have had in meeting this outcome

Continued...

## Evaluation of Professional Practice

### 20 Acknowledge the importance of seeking supervision to develop safe nursing practice

#### Reflection

Within your current placement reflect upon why it is important to recognise and acknowledge your own limitations and the role of those supervising you in developing safe nursing practice. Identify any experience you have had in meeting this outcome

Continued...

**Semester 1**

**Four-week**

**Home branch placement**

**Student Supervisors:            signatures**

Anyone who signs this Evidence Based Diary must indicate their details below

Name (please print)	Specimen signature	Place of work	Position / Title	Date of signature

## Semester 1

### Initial meeting of student and Student Supervisor:

Action Plan (Identify how you are going to meet the outcomes including resources – people / places, areas of practice, formal & informal teaching, supervision. Include a realistic review date. Note: To include written agreed goals for further development and learning from previous placement)

Action Plan	Review date

Student's signature: ..... Date: .....

Student Supervisor: ..... Date: .....



## Professional Practice Form

## Semester 1

Student's Name:.....

Practice Mentor's Name: .....

Professional Conduct Satisfactory - Practice Mentor's Signature

Professional Conduct Unsatisfactory - Practice Mentor's Signature

Date.....

Student performance	Guidance for Practice Mentors	Student's comments on professional behaviour	Practice Mentor's comments on professional behaviour
Work in accordance with The Code: Standards of Conduct, Performance and ethics for Nurses and Midwives (NMC 2008) a) Treat people as individuals  b) Respect people's confidentiality  c) Uphold the reputation of your profession  d) Work effectively as part of a team	Student demonstrates awareness of The Code: Standards of Conduct, Performance and Ethics for Nurses and Midwives (NMC 2008) <b>for example</b> , in practice the student:  Is considerate, sensitive and responsive to patients'/clients' needs Treats all patients/clients with dignity at all times  Maintains patient/client confidentiality Respects patients/clients, their property and the environment Behaves in a responsible, positive and co-operative manner  Time keeping and timely completion of shift activities are good. Dresses appropriately for the place of work Safeguards clients' well-being Acknowledges own limitations and accepts constructive criticism  Is respectful, co-operative and makes positive contributions within the team Is reliable, communicates and works collaboratively in the team Takes appropriate due regard to health & safety measures Adheres to all relevant policies and procedures		

**Completed by Student Supervisor: Semester 1**

**I have discussed the outcomes with the student and am satisfied they have reflected upon their experience**

**Comments:**

**Student Supervisor:**

**Date:**

**Student Signature:**

**Date:**

<b>Professional Conduct:</b>	Achieved/ Not Achieved
------------------------------	------------------------

**No. of hours in practice:**

**Student Supervisor:**

**Date:**

Copy to:      Student Supervisor / Mentor on next placement  
                    Personal tutor

**Agreed goals for further development and learning:**

**Semester 1**

**Student:** ..... **Cohort:** .....

**Personal Tutor:** ..... **Present Placement :** .....

**Next placement:** .....

**Action Plan for next placement**

Student's signature: ..... Date:  
.....

Student Supervisor: ..... Date:  
.....

Print Name:

**Semester 2**

**Two-week**

**Alternative experience A**

**Student Supervisors:            signatures**

Anyone who signs this Evidence Based Diary must indicate their details below

Name (please print)	Specimen signature	Place of work	Position / Title	Date of signature

## Semester 2      Placement A

### Initial meeting of student and Student Supervisor:

Action Plan (Identify how you are going to meet the outcomes including resources – people / places, areas of practice, formal & informal teaching, supervision. Include a realistic review date. Note: To include written agreed goals for further development and learning from previous placement)

Action Plan	Review date

Student's signature: ..... Date: .....

Student Supervisor: ..... Date:.....

## Professional Practice Form

Semester 2

Alternative Placement A

Student's Name:.....

Practice Mentor's Name: .....

Professional Conduct Satisfactory - Practice Mentor's Signature

Professional Conduct Unsatisfactory - Practice Mentor's Signature

Date.....

Student performance	Guidance for Practice Mentors	Student's comments on professional behaviour	Practice Mentor's comments on professional behaviour
Work in accordance with The Code: Standards of Conduct, Performance and ethics for Nurses and Midwives (NMC 2008) a) Treat people as individuals  b) Respect people's confidentiality  c) Uphold the reputation of your profession  d) Work effectively as part of a team	Student demonstrates awareness of The Code: Standards of Conduct, Performance and Ethics for Nurses and Midwives (NMC 2008) <b>for example</b> , in practice the student:  Is considerate, sensitive and responsive to patients'/clients' needs Treats all patients/clients with dignity at all times  Maintains patient/client confidentiality Respects patients/clients, their property and the environment Behaves in a responsible, positive and co-operative manner  Time keeping and timely completion of shift activities are good. Dresses appropriately for the place of work Safeguards clients' well-being Acknowledges own limitations and accepts constructive criticism  Is respectful, co-operative and makes positive contributions within the team Is reliable, communicates and works collaboratively in the team Takes appropriate due regard to health & safety measures Adheres to all relevant policies and procedures		

**Completed by Student Supervisor: Semester 2, Placement A**

**I have discussed the outcomes with the student and am satisfied they have reflected upon their experience**

**Comments:**

**Student Supervisor:**

**Date:**

**Student Signature:**

**Date:**

<b>Professional Conduct:</b>	Achieved/ Not Achieved
------------------------------	------------------------

**No. of hours in practice:**

**Student Supervisor:**

**Date:**

Copy to:      Student Supervisor / Mentor on next placement  
                    Personal tutor



**Agreed goals for further development and learning:**

**Semester 2, Placement A**

**Student:** ..... **Cohort:** .....

**Personal Tutor:** ..... **Present Placement :** .....

**Next placement:** .....

**Action Plan for next placement**

**Student's signature:** ..... **Date:**  
.....

**Student Supervisor:** ..... **Date:**  
.....

**Print Name:**

**Semester 2**

**Two-week**

**Alternative experience B**

**Student Supervisors:            signatures**

Anyone who signs this Evidence Based Diary must indicate their details below

Name (please print)	Specimen signature	Place of work	Position / Title	Date of signature

**Semester 2      Placement B**

**Initial meeting of student and Student Supervisor:**

Action Plan (Identify how you are going to meet the outcomes including resources – people / places, areas of practice, formal & informal teaching, supervision. Include a realistic review date. Note: To include written agreed goals for further development and learning from previous placement)

Action Plan	Review date

Student's signature: ..... Date: .....

Student Supervisor: ..... Date: .....

## Professional Practice Form

Semester 2

Alternative Placement B

Student's Name:.....

Practice Mentor's Name: .....

Professional Conduct Satisfactory - Practice Mentor's Signature

Professional Conduct Unsatisfactory - Practice Mentor's Signature

Date.....

Student performance	Guidance for Practice Mentors	Student's comments on professional behaviour	Practice Mentor's comments on professional behaviour
Work in accordance with The Code: Standards of Conduct, Performance and ethics for Nurses and Midwives (NMC 2008) a) Treat people as individuals  b) Respect people's confidentiality  c) Uphold the reputation of your profession  d) Work effectively as part of a team	Student demonstrates awareness of The Code: Standards of Conduct, Performance and Ethics for Nurses and Midwives (NMC 2008) <b>for example</b> , in practice the student:  Is considerate, sensitive and responsive to patients'/clients' needs Treats all patients/clients with dignity at all times  Maintains patient/client confidentiality Respects patients/clients, their property and the environment Behaves in a responsible, positive and co-operative manner  Time keeping and timely completion of shift activities are good. Dresses appropriately for the place of work Safeguards clients' well-being Acknowledges own limitations and accepts constructive criticism  Is respectful, co-operative and makes positive contributions within the team Is reliable, communicates and works collaboratively in the team Takes appropriate due regard to health & safety measures Adheres to all relevant policies and procedures		

**Completed by Student Supervisor: Semester 2, Placement B**

**I have discussed the outcomes with the student and am satisfied they have reflected upon their experience**

**Comments:**

**Student Supervisor:**

**Date:**

**Student Signature:**

**Date:**

**Professional Conduct:**                      Achieved/ Not Achieved

**No. of hours in practice:**

**Student Supervisor:**

**Date:**

Copy to:      Student Supervisor / Mentor on next placement  
                    Personal tutor

**Agreed goals for further development and learning:**

**Semester 2, Placement B**

**Student:** ..... **Cohort:** .....

**Personal Tutor:** ..... **Present Placement :** .....

**Next placement:** .....

**Action Plan for next placement**

**Student's signature:** ..... **Date:**  
.....

**Student Supervisor:** ..... **Date:**  
.....

**Print Name:**

**Semester 2**

**Two-week**

**Alternative experience C**



**Student Supervisors:            signatures**

Anyone who signs this Evidence Based Diary must indicate their details below

Name (please print)	Specimen signature	Place of work	Position / Title	Date of signature

## Semester 2      Placement C

### Initial meeting of student and Student Supervisor:

Action Plan (Identify how you are going to meet the outcomes including resources – people / places, areas of practice, formal & informal teaching, supervision. Include a realistic review date. Note: To include written agreed goals for further development and learning from previous placement)

Action Plan	Review date

Student's signature: ..... Date: .....

Student Supervisor: ..... Date:.....

## Professional Practice Form

## Semester 2      Alternative Placement C

Student's Name:.....

Practice Mentor's Name: .....

Professional Conduct Satisfactory - Practice Mentor's Signature

Professional Conduct Unsatisfactory - Practice Mentor's Signature

Date.....

Student performance	Guidance for Practice Mentors	Student's comments on professional behaviour	Practice Mentor's comments on professional behaviour
Work in accordance with The Code: Standards of Conduct, Performance and ethics for Nurses and Midwives (NMC 2008) a) Treat people as individuals  b) Respect people's confidentiality  c) Uphold the reputation of your profession  d) Work effectively as part of a team	Student demonstrates awareness of The Code: Standards of Conduct, Performance and Ethics for Nurses and Midwives (NMC 2008) <b>for example</b> , in practice the student:  Is considerate, sensitive and responsive to patients'/clients' needs Treats all patients/clients with dignity at all times  Maintains patient/client confidentiality Respects patients/clients, their property and the environment Behaves in a responsible, positive and co-operative manner  Time keeping and timely completion of shift activities are good. Dresses appropriately for the place of work Safeguards clients' well-being Acknowledges own limitations and accepts constructive criticism  Is respectful, co-operative and makes positive contributions within the team Is reliable, communicates and works collaboratively in the team Takes appropriate due regard to health & safety measures Adheres to all relevant policies and procedures		

**Completed by Student Supervisor: Semester 2, Placement C**

**I have discussed the outcomes with the student and am satisfied they have reflected upon their experience**

**Comments:**

**Student Supervisor:**

**Date:**

**Student Signature:**

**Date:**

**Professional Conduct:** Achieved/ Not Achieved

**No. of hours in practice:**

**Student Supervisor:**

**Date:**

Copy to: Student Supervisor / Mentor on next placement  
Personal tutor



**Agreed goals for further development and learning:**

**Semester 2, Placement C**

**Student:** ..... **Cohort:** .....

**Personal Tutor:** ..... **Present Placement :**

.....

**Next placement:** .....

**Action Plan for next placement**

Student's signature: ..... Date: .....

Student Supervisor: ..... Date: .....

Print Name:

**Student Name:**  
**Cohort:**  
**Personal Tutor:**

# **Maternity Care Experience**

## **Maternity care Experience**

### **Reflection**

**Using a model of reflection (e.g., Gibb's 1988), reflect upon your two-day maternity experience below. Take care to identify what you have learned from this experience**



**Identify how you will use the learning from your Maternity Care Experience to inform your future nursing practice**

**Attendance in practice confirmation**

	<b>Date</b>	<b>Clinical Area</b>	<b>Supervisor Signature</b>	<b>Student Signature</b>
<b>Day 1</b>				
<b>Day 2</b>				

### Aims of the visits:

Personal Tutors in the CFP and Lecturers from Module teaching teams (Visiting Tutors), in the Branch, have allocated hours to visit students during their placements. Placement visits are arranged to enhance the learning process of students during practice weeks.

- The timing of placement visits might not be crucial but if problems arise, they should be as soon as possible. Visits are performed to monitor learning so normally, a reasonable time for settling into a placement should occur before the first visit.
- It is the responsibility of students to negotiate a date for meeting with their Visiting Tutor when their Mentor is also on duty. *This should enable a tripartite discussion about the development of skills, knowledge and attitude.*
  - *Visiting Tutor could identify potential dates for visits to students at the beginning of a semester.*
- The Standard agenda should be used and retained within the CAP book so Personal Tutors can view the records at the end of each semester during tutorials.
- Students must have their CAP booklet available for their meeting. *This will focus the discussion on learning in practice and identify further potential learning opportunities.*
- Discussions should predominantly be about development of skills, knowledge and attitudes in practice.
- Academic support could be provided during visits. This is possible only if the Visiting Tutor is also the student's Personal Tutor (in semesters 1-3) or a member of the respective Module Teaching Team (in semesters 4-9).
- The Visiting Tutor should give feedback to the mentor following the visit.
- During the CPF, Personal Tutors will be giving advice to students and mentors regarding the progress of the completion of the Evidence –based Diary, Clinical Skills Record, and CAP book. Notes should be made on the Student's Placement Visit Record.
- Likewise, during the Branch, Visiting Tutors will be giving advice to students and mentors regarding the progress of the completion of the Clinical Skills Record, and CAP book. Notes should be made on the Visiting Tutor's Record of Visit.
- Notes should be made in the event that a student and or a mentor do not attend the planned meeting. Likewise, if a Visiting Tutor fails to attend a planned meeting, this should be recorded and the reasons should be stipulated.

### **Visiting Tutor's Record of Visit**

	<b>Comments on progress of each issue - if relevant</b>
<b>Learning opportunities and achievements</b>	

<b>Integration of theory and practice</b>	
<b>Academic issues</b>	
<b>Professional / behavioral issues</b>	
<b>Practice skills</b>	
<b>Student's comments</b>	
<b>Any other comments including reason for non-attendance of student or mentor</b>	

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Visiting Tutor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### **Visiting Tutor's Record of Visit**

	<b>Comments on progress of each issue - if relevant</b>
<b>Learning opportunities and achievements</b>	

<b>Integration of theory and practice</b>	
<b>Academic issues</b>	
<b>Professional / behavioral issues</b>	
<b>Practice skills</b>	
<b>Student's comments</b>	
<b>Any other comments including reason for non-attendance of student or mentor</b>	

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Visiting Tutor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

